



Dive Volleyball Club

2023-24 Girls Schedule



Date	Time	Event	Location
11/11	4PM	CLUB OUTING: MSU vs Fort Lewis	Auraria Event Center
11/12	4-6PM	MANDATORY Parent & Player Meeting w/Fittings	Dive
11/14		Practice Begins (see schedule below)	Dive
12/09	10-11AM	18's versus College Match – All	Dive
12/17	All Day	Friendship Tournament – All Ages	TBD
01/07	All Day	RMR Power 1 – 14's, 16's, 18's	TBD
01/13-14	All Day	RMR Classic – All Ages	TBD
01/21	All Day	RMR Power 1 – 13's, 15's	TBD
01/28	All Day	RMR Power 2 – 14's, 16's, 18's	TBD
02/04	All Day	RMR Power 2 – 13's, 15's	TBD
02/11	All Day	RMR Power 3 – 14's, 16's, 18's	Greeley
02/17-19	All Day	RMR Showdown – All Ages	TBD
02/25	All Day	RMR Power 3 – 13's, 15's	TBD
03/01-03	All Day	Boston Volleyball Festival – 18s	Boston
03/03	All Day	RMR Power 4 – 14's, 16's	TBD
03/10	All Day	RMR Power 4 – 13's, 15's	TBD
03/15-17	All Day	Mideast Qualifier – 16 Blue	St. Louis
03/16-17	All Day	Zelinkoff Bid Tournament – All Ages (TBD)	TBD
03/17	All Day	RMR Power 5 – 14's, 16 Black, 18's	TBD
03/24	All Day	RMR Power 5 – 13's, 15's	TBD
03/30-04/01	All Day	Red Rock Rave Qualifier – 16 Blue, 18 Blue	Las Vegas
04/07	All Day	RMR Power 6 – 14's, 16's, 18's	TBD
04/14	All Day	RMR Power 6 – 13's, 15's	TBD
04/20-21	All Day	RMR Regionals – All Ages	TBD
05/11	5-7PM	End-of-Season Banquet	Dive

Regular Season Practices

Tuesdays

- 4:15-4:45PM Setter Practice (All Teams)
- 16 Blue, 15 Black, 14 Blue, 13 Blue
 - 5:00-7:00PM Regular Practice
- 18 Blue, 16 Black, 15 Blue, 14 Black
 - 5:00-6:45PM Regular Practice
 - 6:45-7:30PM Strength/Conditioning

Thursdays

- 4:15-4:45PM Setter Practice (All Teams)
- 18 Blue, 16 Black, 15 Blue, 14 Black
 - 5:00-7:00PM Regular Practice
- 16 Blue, 15 Black, 14 Blue, 13 Blue
 - 5:00-6:45PM Regular Practice
 - 6:45-7:30PM Strength/Conditioning

Saturdays

- 18 Blue, 16 Blue, 15 Black, 14 Blue
 - 7:45-8:30AM Strength/Conditioning
 - 8:30-10:30AM Regular Practice
- 16 Black, 15 Blue, 14 Black, 13 Blue
 - 8:30-10:30AM Regular Practice
 - 10:30-11:15AM Strength/Conditioning

Holidays/No Practice

November: 11/23, 11/25

December: 12/19, 12/21, 12/23, 12/26, 12/28, 12/30

April: 4/13

Last Revised November 12, 2023